



South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Senior

in the 57kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

181kg Deadlift

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Senior

in the 57kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

388,5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master I

in the 57kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

181kg Deadlift

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master I

in the 57kg Division

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388,5kg Total

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master II

in the 57kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

181kg Deadlift

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master II

in the 57kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

388,5kg Total

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Senior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

161kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

161kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

182,5kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé
Junior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

438,5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

155kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

95kg Bench Press

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

177,5kg Deadlift

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

426,5kg Total

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Senior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

155kg Squat

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Charnleigh Kotzé

Senior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

426,5kg Total

Harrie Smith

President



Affiliated to



South African Womens Unequipped Bench Press Record

Charnleigh Kotzé

Junior

in the 69kg Division

competed on 09 September 2024 in the

World Subjunior and Junior Classic Powerlifting Championships 2024

95kg Bench Press

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Chevonne Roos

Senior

in the 57kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

142,5kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Chris Forget

Senior

in the 83kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

257kg Squat

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Chris Forget

Master I

in the 83kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

257kg Squat

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Chris Forget

Master I

in the 83kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

272,5kg Deadlift

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Chris Forget

Master I

in the 83kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

662,5kg Total

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Daniel Cotton

Junior

in the 105kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

312,5kg Deadlift

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Daniella da Silva

Senior

in the 63kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

407,5kg Total

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Danielle Waldeck

Senior

in the 84+kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

212,5kg Squat

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Denis Bensch

Master II

in the 120kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

245kg Squat

Harrie Smith

President



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South African Womens Unequipped Powerlifting Record

Elisabeth Barry

Master II

in the 47kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

37,5kg Bench Press

Hamie Smith

President





South African Womens Unequipped Bench Press Record

Elisabeth Barry

Master II

in the 47kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

37,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Enrico Johnson

Master I

in the 66kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

185kg Squat

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Enrico Johnson

Master I

in the 66kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

226kg Deadlift

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Enrico Johnson

Master I

in the 66kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

526kg Total

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Gaia Mottalini

Junior

in the 63kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

75kg Bench Press

Hamie Smith

President





South African Womens Unequipped Bench Press Record

Gaia Mottalini

Junior

in the 63kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

75kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Geordie Goliath

Senior

in the 59kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

200kg Squat

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Ian Hacker

Master III

in the 74kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

205kg Squat

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Hacker

Master III

in the 74kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

525kg Total

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Ian Hacker

Master II

in the 74kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

205kg Squat

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Ian Hacker

Master II

in the 74kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

525kg Total

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Jaden Madhav

Sub-Junior

in the 66kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

177,5kg Squat

Hamie Smith

President



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South African Mens Unequipped Powerlifting Record

John Crain

Master II

in the 120+kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

645kg Total

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

John Crain

Master II

in the 120+kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

260kg Deadlift

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

John Crain

Master II

in the 120+kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

642,5kg Total

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

John Evens

Sub-Junior

in the 74kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

192,5kg Squat

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

John Evens

Sub-Junior

in the 74kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

225kg Deadlift

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

John Evens

Sub-Junior

in the 74kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

535kg Total

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Lisa Stander

Sub-Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

190kg Deadlift

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Lisa Stander

Sub-Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

402,5kg Total

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Lisa Stander

Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

190kg Deadlift

Hamie Smith

President





South African Mens Unequipped Bench Press Record

Maahir Martin

Senior

in the 93kg Division

competed on 13 October 2024 in the

Commonwealth Classic Bench Press Championships 2024

190kg Bench Press

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Marina van der Linde

Master I

in the 84+kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

185kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Marina van der Linde

Master I

in the 84+kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

102,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Marina van der Linde

Master I

in the 84+kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

487,5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Megan Faul

Senior

in the 84kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

120,5kg Bench Press

Hamie Smith

President





South African Womens Unequipped Bench Press Record

Megan Faul

Senior

in the 84kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

120,5kg Bench Press

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Newton Mudau

Master I

in the 120kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

272,5kg Squat

Harrie Smith

President



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South African Womens Unequipped Powerlifting Record

Nicole Cooposamy

Senior

in the 84kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

233kg Deadlift

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Nicole Cooposamy

Senior

in the 84kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

538kg Total

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Olivia Perotti

Senior

in the 84+kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

218kg Squat

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Olivia Perotti

Senior

in the 84+kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

210kg Deadlift

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Olivia Perotti

Senior

in the 84+kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

533kg Total

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Pia Marangoni

Master I

in the 76kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

152,5kg Squat

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Pia Marangoni

Master I

in the 76kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

180kg Deadlift

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Pia Marangoni

Master I

in the 76kg Division

competed on 13 October 2024 in the

World Masters Classic Powerlifting Championships 2024

410kg Total

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Richard Steenekamp

Sub-Junior

in the 105kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

227,5kg Squat

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Richard Steenekamp

Sub-Junior

in the 105kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

160kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Richard Steenekamp

Sub-Junior

in the 105kg Division

competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024

657,5kg Total

Hamie Smith

President



Affiliated to



South African Mens Unequipped Bench Press Record

Richard Steenekamp

Sub-Junior

in the 105kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

160kg Bench Press

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Roechelle van der Merwe

Sub-Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

145kg Squat

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Roechelle van der Merwe

Sub-Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

75kg Bench Press

Hamie Smith

President





South African Womens Unequipped Bench Press Record

Roechelle van der Merwe

Sub-Junior

in the 76kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

75kg Bench Press

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Sasha Gadney

Senior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

102,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Sasha Gadney

Senior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

185kg Deadlift

Hamie Smith

President





South African Womens Unequipped Powerlifting Record

Sasha Gadney

Senior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

447,5kg Total

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Sasha Gadney

Senior

in the 69kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

102,5kg Bench Press

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Tommie de Nysschen

Master II

in the 83kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

151,5kg Bench Press

Hamie Smith

President





South African Mens Unequipped Powerlifting Record

Tommie de Nysschen

Master III

in the 83kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

151,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Bench Press Record

Tommie de Nysschen

Master II

in the 83kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

151,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Bench Press Record

Tommie de Nysschen

Master III

in the 83kg Division

**competed on 02 November 2024 in the
African Classic Powerlifting Championships 2024**

151,5kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Tommie de Nysschen

Master III

in the 93kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

148kg Bench Press

Hamie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Tommie de Nysschen

Master III

in the 93kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

490,5kg Total

Hamie Smith

President





South African Mens Unequipped Bench Press Record

Tommie de Nysschen

Master III

in the 93kg Division

competed on 13 October 2024 in the

Commonwealth Classic Powerlifting Championships 2024

148kg Bench Press

Hamie Smith

President



Affiliated to